



# Backpack Nutrition Program

Do you want to reach out a hand to Hartford children?

## Looking to Volunteer?

Volunteers are always needed for the backpack program. Whether you want to host a food drive, pack backpacks, or deliver the packs to the schools, there is an opportunity for you to help feed kids in Hartford! Contact [volunteering@handsonhartford.org](mailto:volunteering@handsonhartford.org) or 860-706-1522.



## Want to do a Food Drive?

Food for the backpack program is funded with private financial and in-kind donations. A food drive is a great way to get your co-workers, friends in faith or community involved. To find out the most needed items, contact Bianca Almanzar, 860-706-1531 or [balmanzar@handsonhartford.org](mailto:balmanzar@handsonhartford.org).

## Interested in Sponsorship?

Our Backpack Sponsors pick an item and supply it to the kids on a regular basis. Whether it's a health-promoting item like jump ropes, or a piece or two of fresh fruit for all the kids, sponsors add a new level of fun and health to the backpacks! We also welcome financial contributions to support this work.

